



**AESTHETIC HAIR & BEAUTY  
TRAINING ACADEMY  
PROSPECTUS**



## WELCOME TO AESTHETIC HAIR & BEAUTY TRAINING ACADEMY

Aesthetic Hair & Beauty Training Academy is the largest training centre in Sussex, devoted exclusively to beauty therapy, hair and medical education. We offer full and unique educational programmes covering all aspects of beauty therapy, hair and medical treatments at NVQ level 2 - 4 qualification. Our internationally renowned courses are for those who wish to become professionals in the industry.

We provided courses for people of all levels and durations vary from 1 day to 28 weeks. Both full-time and part-week courses are offered, and you can choose a complete beauty therapy /hair/medical course or simply an individual module.

If you visit our training centre you will immediately recognise the difference between ourselves and other centres, colleges of further education establishments. We operate in a professional, specialised environment where all students are welcome and are given our full attention both as a group and individually. Many of our courses are short in length and more intensive, ensuring there is no time wasted and busy schedules are not compromised. You can qualify to a high standard and be out in the industry earning money earlier than those who choose the public sector route. With all our courses, we provide further advice on how to obtain the insurance certificates required to put your learning into practice within in the industry.



Really enjoyed this course. They were really clear, thorough and I would definitely recommend to others!

Sharon Tiley

I was nervous when I started my course but felt at home within half an hour of starting. I recommended AHBT to my friends.

Sasha Goodchild

A good place to do your course. I have recommended to friends!

Amanda Hanover



AHBT offers an experience to meet and exceed the expectations of anyone in their efforts to improve health and cosmetic problems, regardless of inability or medical condition.

Rukhsana Rauf, Founder





**FLEXIBLE TRAINING PROGRAMMES TO  
SUIT YOUR BUSY SCHEDULE**

## WHY CHOOSE AESTHETIC HAIR & BEAUTY TRAINING ACADEMY?

We truly understand the beauty therapy and medical business and our industry experience is second to none. Our educators go the extra mile to help you succeed.

- Central Crawley location
- In-house student salon provides essential practical experience our AHBT models
- Prestigious international reputation with world-class qualifications
- An independent training centre partnered with leading brands and industry experts
- Highly experienced trainers
- Flexible course durations
- Courses available for people of all levels - no previous experience required
- Post graduate advice
- Exclusive discount and access to the AHBT online shop for treatment essentials
- Students from across the globe
- Expanding list of basic, advanced and short courses available
- A thorough, controlled approach that covers all aspects of each course
- Intense course structure preventing any wasted time

### WANT TO KNOW MORE?

To find out more about our courses, our business or to simply have a chat with our experienced trainers, please call us on 01293 553 600 or email [info@ahbt.co.uk](mailto:info@ahbt.co.uk)

## MEET OUR TRAINERS

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### DR ZAFAR JAVED

Dr. Zafar Javed has been actively consulting in aesthetics and therapeutics field for over a decade making him a reliable and a satisfactory Physician. Much credit is due to his language abilities as he is fluent in Urdu, Punjabi, Hindi, English and Pushto.

He earned his Bachelor's of Science in 1977 from University of Punjab, Lahore, Pakistan which followed by MBBS in 1982 from the same university. Previously he has been awarded Silver Medal scholarship and Lawrence Trust scholarship due to outstanding examination results at secondary school level.

After the completion of Bachelor of Medicine and Surgery he went on and expanded his knowledge by the addition of a Diploma in Public Health from Post Graduate Medical College/Institute in 1991. In between the years of 1982-1991 he has worked in many different vocational settings where majority were hospital rotations, boosting his skills in every field of medicine. He has extensively worked and taught in various clinics, universities and hospitals across Pakistan and finally in 2001 he further added another Diploma to his existing expertise by achieving DHM (Diploma Homeopathy Medicines) from Galien University, London, UK.

His fine grasp of comprehensive experience over all aspects of medical profession came from working as a Rural General Practitioner in Pakistan and frequent locums all over United Kingdom (Glasgow, Dumfries, Edinburgh, Kent, and Basildon) as well as research in "Iron and Folic acid intake by Asian women". To further broaden his skills he has volunteered at Glasgow Mental Health Unit, Emergency life support in relief camps in Pakistan and in remote areas of Africa which were organised by PCT Scotland.

His continuous efforts towards medical field are very vast which have allowed him to perform at his best in difficult and demanding situations, along with working in diversified cultures and countries as both registrar and supervisory level.

## MEET OUR TRAINERS

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### RUKHSANA RAUF

As company's director along with Medical & Aesthetic Trainer for the centre, Rukhsana Rauf takes pride in the high standard of work she currently offers her clients. Her qualifications (I.T.E.C-1984, CIBTAC, CIDESCO standard) and 30+ years of experience enables her to work alongside GPs and other NHS staff, referring patients for ongoing assessments and training.

Her service is unique, effective and unattainable by qualifications alone. Training individuals, being part of their journey and helping fulfil a person's true potential is what makes this job so rewarding. Rukhsana's role is to focus on your interests and strength in order to achieve your goal within a healthy period of time, resulting in maximum progress and enjoyment. A programme will be tailored specifically to your individual needs and with email support she can help you every step of the way.

### VICTORIA RUSSELL

Victoria Russell is a freelance trainer for the AGBT training centre in Crawley – West Sussex, offering VTCT courses within your chosen field. Victoria qualified in 1996 achieving my Cibtac and Cidesco qualifications. She started work as a Beauty therapist for Day Spa and a couple of reputable salons over the course of three years, gaining vital experience and confidence along the way.

Her teaching experience includes working for the LONDON SCHOOL OF BEAUTY AND MAKEUP (LSBM) as a Cidesco Spa Lecturer, Darphin Paris Skincare as a UK Training Manager, and presently Crystal Clear as regional trainer for the South East.

Victoria has 15+ years experience working as an educator in this sector and continues to upskill and develop her knowledge. She is always familiar with all the latest treatments and products coming onto the market. Education is her passion and there is always something new and exciting to learn within this industry.



**AN EVER EXPANDING LIST OF COURSES  
FOR STUDENTS OF ALL LEVELS**

## COURSE LIST

### MEDICAL COURSES

- Botulinum Injectables – Basic
- Botulinum Injectables – Advanced
- Dermal Fillers – Basic
- Dermal Fillers – Advanced

### BEAUTY THERAPY COURSES

- Level 2 Certificate In Nail Technology
- Level 2 Certificate In Beauty Specialist Techniques
- Level 2 Award In Waxing Depilation
- Level 2 Award In Facial Massage & Skincare
- Level 2 Award In Eyelash Perming
- Level 2 Award In Eyelash And Eyebrow Treatments
- Level 3 NVQ Award In Self Tanning
- Level 3 NVQ Award In Female Intimate Waxing (QCF)
- Level 3 Diploma In Massage Therapy
- Level 3 Diploma In Beauty Therapy Treatments
- Level 3 Certificate In Facial Electrotherapy
- Level 3 Award In Nail Enhancement Using UV Gel
- Level 3 NVQ Award In Nail Enhancement Using Liquid And Powder
- Level 3 Award In Lash Extensions
- Level 3 Award In Indian Head Massage
- Level 4 Diploma In Permanent Hair Removal & Skin Rejuvenation
- Level 4 Certificate In Micropigmentation
- Level 4 Certificate In Laser & Intense Pulsed Light (IPL) Treatments
- Level 4 Award In Skin Blemish Removal

### DAY COURSES

- Manicure & Pedicure
- Acrylic Extensions
- Gel Polish
- Gel Extensions
- Nail Art
- Makeup
- Classic Eyelash Extensions
- Waxing
- Spray Tanning
- Hot Stone Massage
- Swedish Massage
- Lashes & Brows
- Lash & Lift Colour
- Facial Treatments

## FREQUENTLY ASKED QUESTIONS

### WILL I BE ABLE TO GET WORK AFTER STUDYING WITH AHBT?

We have an excellent reputation within the industry for producing both beauty therapists and medical students to an extremely high standard. Employers like to come back to us for recruitment purposes as they know that our graduates possess the appropriate customer care and service skills that you expect from a reputable brand. We give you post graduate advice on how to obtain all the necessary insurance certificates.

### HOW MUCH EXPERIENCE DO I NEED?

Our courses tailored for all. Many of our courses require no previous experience. Please view the details for each course on our website to discover what level of experience is required.

### WANT TO RECRUIT THROUGH THE SCHOOL?

If you would like to recruit for your business through our training centre then please email [info@ahbt.co.uk](mailto:info@ahbt.co.uk) or call our recruitment team on 01293 553 600.

### HOW CAN I BOOK A COURSE WITH AHBT?

The quickest and easiest way to book any of our courses is via the website, where you can view all the course specific information and follow the online booking process. You may also want to attend one of our open days where you can view the training centre, teaching rooms, and the studio. You will also be able to speak to our trainers about the courses you are interested in.

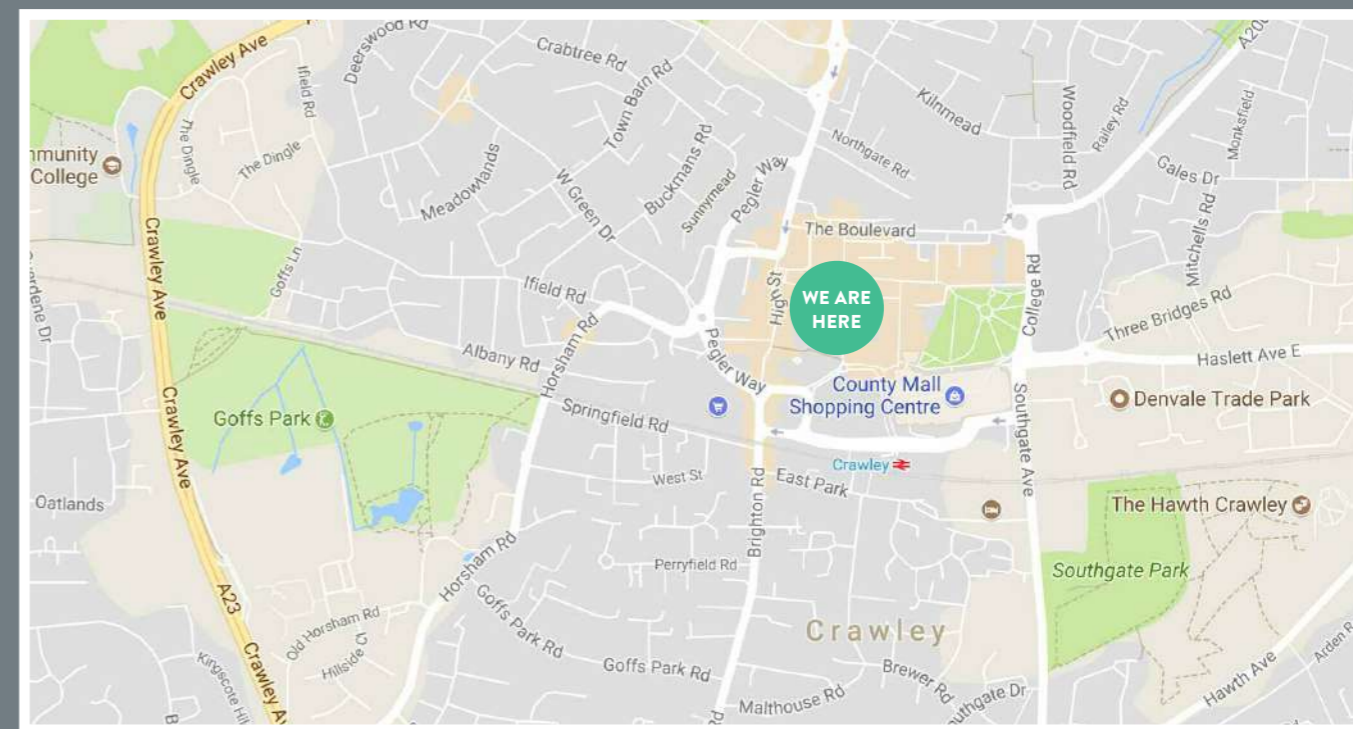
### WILL I BE ABLE TO OBTAIN INSURANCE ONCE QUALIFIED?

Yes of course. Once qualified we will advise you on how to obtain all the necessary insurance certificates.

### WANT TO ARRANGE A VISIT TO OUR TRAINING CENTRE?

Then please make an appointment on our next open day, we would love to meet you! If these days are not convenient for you, then we can accommodate you at a time more suitable. Please email [info@ahbt.co.uk](mailto:info@ahbt.co.uk) or call 01293 553 600 to arrange your appointment.

## FINDING US / GETTING IN TOUCH



**ADDRESS** 8-10 The Broadwalk, Crawley, West Sussex RH10 1HQ  
**PHONE** 01293 553600  
**EMAIL** [info@ahbt.co.uk](mailto:info@ahbt.co.uk)  
**WEB** [www.ahbt.co.uk](http://www.ahbt.co.uk)



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